

REFLECTIONS

Paul Alexander was 5 years old when he was diagnosed with polio. That was in 1952, in the old Parkland Hospital in Dallas, Texas. I remember when one of our elementary school class projects was to see how many little cardboard folders we could fill with the dimes we put in the round cut-out slots for other children like Paul, who had to live in an iron lung. We learned about the polio epidemic in America, the March of Dimes, and the story of President Franklin Roosevelt who had gotten polio because he went swimming one day in his vacation home pond when he was 39 years old. We lined up at school for our polio shots, and we were all so very thankful for an oral vaccine that prevented us from having more shots, as well as ever getting polio. One of my teachers in junior high told how he got polio wading in the run-off water by the railroad tracks. Polio caused him to walk with a limp. Paul Alexander lost the ability to breathe automatically. He was known as "Polio Paul" for his remarkable life and the 73 years he spent depending on that iron lung machine. Paul Alexander died Sunday, March 15, at 78, of a recent bout of Covid-19 and other factors. Incidentally, March 15 was the 4th anniversary of when everything closed because of Covid.

According to CNN: "Paul's ambitions were not limited by his condition. He learned breathing techniques that allowed him to leave the iron lung for a few hours at a time. He graduated college, earned a law degree, and went on to practice as a courtroom attorney for 30 years. He also self-published his autobiography, *Three Minutes for a Dog: My Life in an Iron Lung*, titled after the accomplishment of learning how to breathe independently for at least three minutes – a feat that took him a year to master and was rewarded with a dog, according to the book." According to his brother Phillip, Paul's last words were, "We are perfect."

What an inspiring story of courage, perseverance, and a life well-lived. I think I complain about my aches and pains too much. Life is already hard. Adversity, pain, and sickness make it more difficult. Adding our own selfishness and sinfulness to the day compounds our troubles. There is a Savior who promises to be there with us through each day and provides the strength to overcome.

Keep healthy. Pray mightily. Enjoy your life today. Be an overcomer. And let's experience the love and power of God together.

Bro. Darryl

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The Evangel

Braden Park Baptist Church
4739 East Fifth Street (5th & Yale)
Tulsa, OK 74112-2716

SCHEDULE OF SERVICES

Sunday Morning

Continental Breakfast

Worship

Bible Study & Conversation

9:20 a.m.

10:00 a.m.

11:15 a.m.

Wednesday Evening

The People's Pantry

The Clothes Closet Ministry

Prayer Service

5:00 p.m.

6:30 p.m.

Dr. Darryl DeBorde, Minister
Bill Ess, Music Minister

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The Evangel



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Braden Park Baptist Church
Tulsa, Oklahoma

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ACTS 10:43

“EVERYONE
who BELIEVES in him
receives forgiveness
of sins through his name.”

Our Church Family

AT HOME

| | |
|-----------------|---------------------------|
| Kevin Avery | Paula McPherson |
| Alice Barrett | Georgia Metcalf |
| Elizabeth Burke | Bonnie Nutting |
| Joe Crotser | Annette and Dennis Parker |
| Marion Corbett | Rita Snellgrove |
| Lydia Ford | Margaret VanHorn |

IN REHABILITATION

Paula McPherson The Villages at Southern Hills, Room 509

HAPPY BIRTHDAY!

| | |
|--------------|-------------|
| March | |
| 27 | Ray Martin |
| April | |
| 1 | Eric Bolton |

MEET DR. LAVERNE WIMBERLY IN PERSON

Tulsa's **Dr. LaVerne Wimberly** will discuss her book, *My Sunday Best: Pearls of Wisdom, Wit, Grace and Style* on Monday March 25th, 10:00 a.m. at Yale Ave Christian Church (36th and Yale.) Ladies are encouraged to wear hats as Dr. Wimberly did when attending her church services by ZOOM during the pandemic. There is no cost to attend. Contact Connie Connely for more information.

Looking Ahead

SUNDAY, MARCH 24

Palm Sunday

9:30 a.m. Continental Breakfast

**10:00 a.m. The Promise of Reconciliation
Lord's Supper Service
—2 Corinthians 6:17-21**

The journey to Easter takes us to the Cross. Join with us this Palm Sunday as we experience the promise of reconciliation. Invite your family and friends to church this week and be blessed.

11:15 a.m. Palm Sunday Church Dinner
Sanctuary Choir Rehearsal to follow meal

MONDAY, MARCH 25

8:45 a.m. Monday Morning Prayers
Call (712) 832-8330, then access code: 887-7647

TUESDAY, MARCH 26

8:00 p.m. Prayer for the Nations
Kevin Avery's Facebook Zoom link

WEDNESDAY, MARCH 27

5:00 p.m. People's Pantry Ministry
Clothes Closet Ministry
Light Community Supper

6:30 p.m. Prayer Service

SUNDAY, MARCH 31

EASTER

10:00 a.m. The Promise of Life Eternal

Behind the Scenes

Look to Easter



CHURCH POT LUCK DINNER MARCH 24

Everyone is invited to our **Palm Sunday Church Dinner on Sunday morning, March 24.** The church will be providing the smoked turkey, ham, and candied yams. If you would like, bring a favorite dish, salad, or dessert .

PAVILLION PROJECT MOVES FORWARD

The Deacons chose a company to build a multi-use Pavillion in the north parking lot within the fenced area. This shelter will become the primary serving site for **Peoples Pantry.** It will also be used for community meals, parties, and other church activities. You may remember that last year The Food Bank of Eastern Oklahoma provided a grant of \$17,500 toward the total cost of \$34,500.

FOR THE CHURCH RECORD

| | |
|--------------------------------|-------------|
| Weekly Budget Need | \$ 2,073.00 |
| General Receipts March 17..... | \$ 2,212.00 |
| Special Offerings..... | \$ 0.00 |

Thank You to all who are providing sustaining tithes and offerings.