

REFLECTIONS

Penguins are fascinating. They are all from the southern hemisphere—all 18 different kinds of penguins. Most live in Antarctica, South America, Southern Africa, New Zealand, and Australia. One group lives up in the Galapagos Islands. Most of us remember the award-winning film, *The March of the Penguins*, narrated by Morgan Freeman. Those were Emperor Penguins, but the life cycles and dangers are universal to all. The important thing to remember about penguins is not that they do not live anywhere near the Arctic Circle, but that they know how to walk on snow, ice, glaciers, and icebergs. We do not. They also know how to hop out of water onto said iceberg with bare feet. We should not even try. On my trip to Antarctica, we observed Adelie, Gentoo, and Chinstrap penguin colonies from a respectful distance of a few yards, although a few crossed the path right in front of me while hiking one day. It amazed me to see how agile and skilled they are in and out of the ocean.

One lesson that I learned from the penguins was how to walk on frozen water. Even with their short legs, penguins can slip and slide, but they mostly do that for fun—sliding headfirst, like a small missile into the sea. We, with our longer legs, are top heavy. (I'm speaking for myself, of course.) This means our slips and slides are not as much fun, especially that first bounce. Penguins teach us to keep our center of gravity low and beneath us. This means taking small steps, shifting your weight slightly side to side as you walk. Humans tend to walk shifting our weight forward, while waiting for the other leg to catch up with us and go forward even further. It does not take much to get ahead of ourselves. Add a little ice or mud, and we fall. Walking like a penguin might keep you safer in this frigid weather.

When it comes to walking through life, walk in the ways of Jesus. May I suggest a little spiritual exercise to help stretch us for our Christian walk today? First Corinthians 13 is known to us as the Love Chapter in the Bible. (There are other love chapters in the Bible, by the way.) Read chapter 13, substituting the name of *Jesus* every time the word *love* or *it* is used. This is how we live the Christian walk each day.

Keep healthy. Pray mightily. Enjoy your life today. Walk like a Christian. And let's experience the love and power of God together.

Bro. Darryl

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The Evangel

Braden Park Baptist Church
4739 East Fifth Street (5th & Yale)
Tulsa, OK 74112-2716

SCHEDULE OF SERVICES

Sunday Morning

Continental Breakfast

Worship

Bible Study & Conversation

9:20 a.m.

10:00 a.m.

11:15 a.m.

Wednesday Evening

The People's Pantry

The Clothes Closet Ministry

Prayer Service

5:00 p.m.

6:30 p.m.

Dr. Darryl DeBorde, Minister
Bill Ess, Music Minister

Telephone (918) 834-3378
Fax (918) 834-3440
office@BradenPark.org

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The Evangel



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...the **free**
gift of God
is **eternal life**
in *Christ Jesus*
our **LORD.**

Romans 6:23

Our Church Family

AT HOME

Kevin Avery	Paula McPherson
Alice Barrett	Judy Martin
Elizabeth Burke	Georgia Metcalf
Joe Crotser	Bonnie Nutting
Marion Corbett	Annette Ford Parker
Lydia Ford	Margaret VanHorn

HAPPY BIRTHDAY!

January	
30	Sandra Smith
February	
4	Connie Connely
8	Harold Gruetzmacher

CHURCH DIRECTORY UPDATE.

Terri Qualls 1592 S 67th East Ave (918) 630-6889
Tulsa OK 74112-7417



Looking Ahead

SUNDAY, JANUARY 21

(postponed from last week)

9:30 a.m. Continental Breakfast
10:00 a.m. Speaking from the Overflow
 —Matthew 12:33-37, Psalm 27:4

God clearly wants us to speak words of life, truth, and hope, but how do we do this? Join with us Sunday as *Kevin Avery* leads us to discover the answer. Invite your family and friends to church this week and be blessed.

11:15 a.m. Conversations with the Pastor
Ladies Bible Study
 11:55 a.m. Sanctuary Choir Rehearsal

MONDAY, JANUARY 22

8:45 a.m. Monday Morning Prayers
Call (712) 832-8330, then access code: 887-7647

TUESDAY, JANUARY 23

8:00 p.m. Prayer for the Nations
Kevin Avery's Facebook Zoom link

WEDNESDAY, JANUARY 24

5:00 p.m. People's Pantry Ministry
Clothes Closet Ministry
6:30 p.m. Prayer Service

SUNDAY, JANUARY 28

10:00 a.m. The State of the Church—2024

Behind the Scenes

WINTER WEATHER

Last Sunday, January 14, we had to cancel our morning worship service because of the dangerously cold temperatures and predicted snowfall. To announce the decision, we posted the cancelation on our Facebook page and started a calling and text messaging chain. If you are uncertain about your health or safety on bad weather days, stay home. You can call the pastor at (918) 230-0781 with any questions.

CHURCH CONTRIBUTION RECORDS

The Individual Contribution Statements for 2023 are being prepared for mailing. We will give notice when they are in the mail.

CORNER STORE TO OPEN SOON

The corner store at 4th Place and Yale (430 S Yale Ave) is soon to open as **The Mail Center**. This is to be a resource center for business and residents for mailing and shipping packages, mail boxes, fast-track passports, and copying services, and small truck U-Hall rentals. The target date for opening is the end of January. Help us welcome them to the neighborhood.

FOR THE CHURCH RECORD

Weekly Budget Need	\$ 2,050.00
General Receipts January 14.....	\$ 0.00
Special Offerings.....	\$ 0.00

Thank You to all who are providing sustaining tithes and offerings.