

REFLECTIONS

I did not even know time was something to be anxious about. But here it is showing up in some of the current events I am reading about—Time Anxiety. This is another something (malady?) that has bubbled to the surface because of the pandemic. Time anxiety is defined as a form of *chronophobia*, “the fear of the passage of time.” It is a dread that some express that time is slipping away too quickly; their time on earth is limited; they have wasted their life; or it’s too late to accomplish their goals in life. In other words, there is too much to do and too little time in which to do it. Also known as every day.

I talked about the Great Resignation last fall. It is still happening. Millions of U.S. workers continue to resign from their current jobs every month. But that is not the whole story. While these millions have left their jobs, we have near full employment of the work force. The labor shortages are in the low wage, less rewarding jobs. The lock-down period of the pandemic was characterized by a Great Exploration. An unprecedented number took the opportunity to sign-up for on-line enrichment and educational classes. Many invested in their life hobbies by creating a “side hustle,” or new income stream. Working from home eliminated commuter time and vehicle expenses. Many have chosen to “retire” to give a deeper meaning to their relationships and explore their spiritual nature. Others have found higher wages in less stressful jobs. According to some sociologists, political activism is replacing traditional religious fervor and volunteerism.

The answer to time anxiety is a re-evaluation of what truly matters, followed by consistent actions to “seize the day.” Poverty, disability, perpetual debt, and medical uncertainty are overwhelming. Anxiety overload is detrimental to our well-being no matter the circumstances. Things do not always work out for everyone the way we plan, but Psalm 90 is a good place to start. Here are a few other Scriptures I have found helpful:

For I am the Lord, your God, who takes hold of your right hand and says to you, “Do not fear; I will help you.” (Isaiah 41:13)

When I am afraid, I will put my trust in you. (Psalm 56:3)

Seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you. (Matthew 6:33)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. (Philippians 4:6)

Keep healthy. Pray mightily. Enjoy your life today. Redeem the time. And let's experience the love and power of God together.

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The Evangel

Braden Park Baptist Church
4739 East Fifth Street (5th & Yale)
Tulsa, OK 74112-2716

SCHEDULE OF SERVICES

Sunday Morning
Continental Breakfast
Worship
Sunday School

Sunday Evening
Sanctuary Choir
Worship

Wednesday Evening
Prayer Service

Dr. Darryl DeBorde, Minister
Bill Ess, Music Minister

Telephone (918) 834-3378
Fax (918) 834-3440
office@BradenPark.org

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Braden Park Baptist Church
Tulsa, Oklahoma

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February 11, 2022

No. 6

**THEREFORE
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AND MAKE
DISCIPLES OF ALL
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MATTHEW 28:19



Our Church Family

LIVING CENTERS

Zarrow Pointe Kaiser Health Center #214 Dorothy Lee

AT HOME

Alice and Bill Barrett
Elizabeth Burke
Berta Caldwell
Marion Corbett
Russell Ford
Paula McPherson

Bonnie Nutting
Waneta Reynolds
Ben and PJ Shepard
Margaret VanHorn
Leslie White

HAPPY BIRTHDAY!

February
20 Bill Barrett
21 Russell Ford
22 Mary Ruth Whitman



Looking Ahead

In-Person Worship Each Week

SUNDAY, FEBRUARY 13

10:00 a.m. **The State of the Church—2022**
 —Matthew 28:16-20

This Sunday's message takes a reflective look back on the life of the church in 2021, and a visionary look forward to what God is doing in our midst, in our community and in our world. Join with us this Sunday, invite a guest, and be blessed.



WEDNESDAY, FEBRUARY 16

5:00 p.m. People's Pantry Ministry
 Clothes Closet Ministry

6:30 p.m. **Prayer and Bible Study**
 —Acts 21



SUNDAY, FEBRUARY 20

10:00 a.m. **What Shall We Say About Rahab?**
 —Hebrews 11:29-31

Behind the Scenes

CHURCH REPORTS THIS SUNDAY

This Sunday, February 13, we will take time to review the church Financial Reports for 2021 and discuss proposals for this year's church budget. These discussions have been delayed for over a month due to weather and Covid precautions. Hopefully, we will be able to move back into a fuller ministry schedule by the end of February.

NEW ENTRY AWNING INSTALLED

This week workmen installed a new aluminum awning over the entrance near the church kitchen. This replaces the original entry awning built in 1966. The replacement for the red canopy over the north central entrance was completed last month. Both projects were authorized last August and have been delayed at the manufacturer.

CONNECTING WITH THE CHURCH

You can connect with us through the church Facebook page, **Braden Park Church Tulsa**, for updates and announcements. You can also find **The EVANGEL**, sermons, and other information at our church website: www.bradenpark.org

FOR THE CHURCH RECORD

Weekly Budget Need	\$ 1,936.00
General Receipts February 6	\$ 3,218.00
Special Offerings February 6	\$ 100.00

Thank You to all who are providing sustaining tithes and offerings.